

BLINGY BABES

Hey Girls!

**Let's Dance
& Shine**

**Find your shine
and own your
sparkle!**

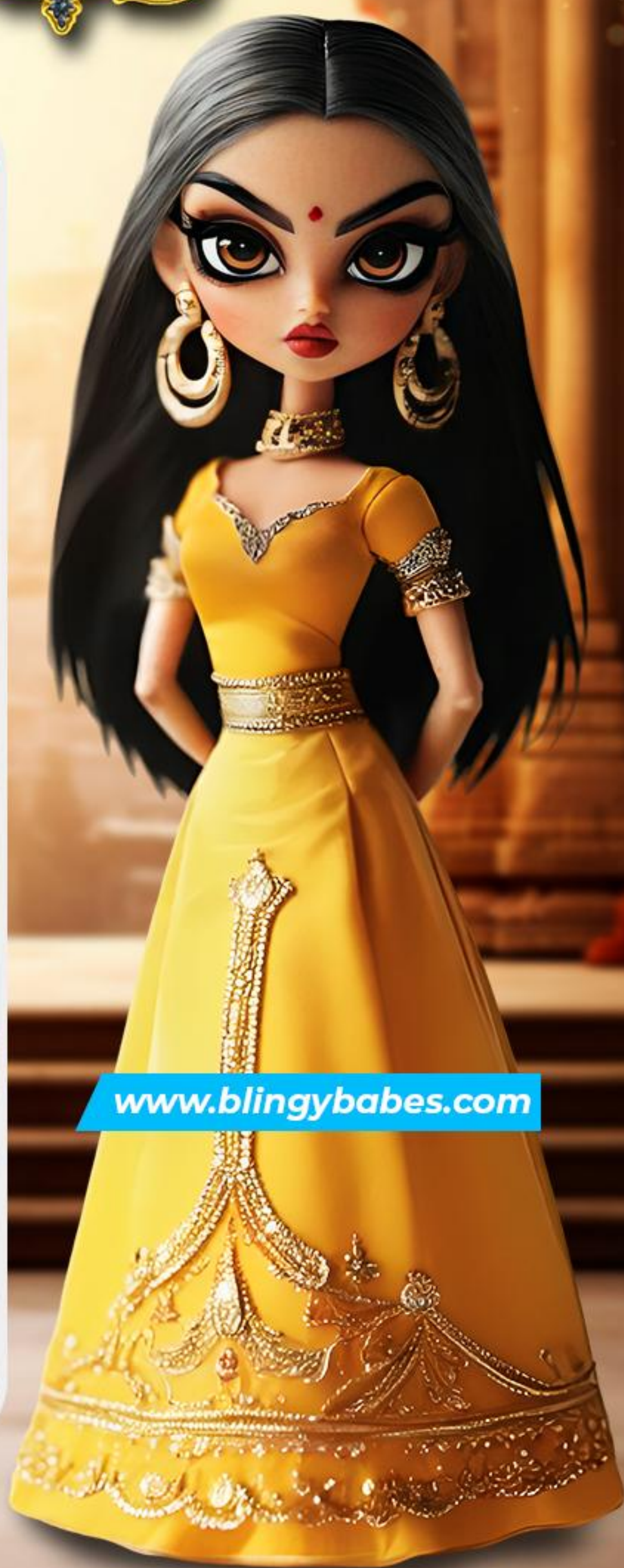
**I'm Freya – your sparkle
queen & Indian dance diva!**

**Tune in every Tuesday for
bling-tastic jewellery tips
and fab dance moves to level
up your glam game.**

Freya

TUESDAY

**#BlingQueen #DanceTok
#GenZGlam**



www.blingybabes.com

FREYA'S SPARKLE SECRETS



**FIND YOUR SHINE & OWN
YOUR SPARKLE.**

**JEWELLERY STYLING & DANCE
MOVES TO SHINE ANYWHERE!**

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5 QUICK JEWELLERY TIPS TO SLAY ANY LOOK

MIXING METALS IS MAGIC

- SILVER + GOLD TOGETHER? YES, PLEASE! CREATES A BOLD, MODERN LOOK.

ONE STATEMENT RULE

- IF EARRINGS ARE BIG, KEEP THE NECKLACE SUBTLE (AND VICE VERSA).

STACK IT UP

- BANGLES OR RINGS STACKED IN ODD NUMBERS LOOK EFFORTLESSLY CHIC.

DAY-TO-NIGHT SWITCH

- SWAP STUDS FOR DANGLERS, ADD A CUFF BRACELET, AND YOU'RE EVENING-READY.

NECKLINE MATCH

- DEEP V = LONG PENDANT
- HIGH NECK = BOLD STUDS
- OFF-SHOULDER = BIG HOOPS.

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FREYA'S QUICK DANCE ROUTINE

"3 STEPS TO SPARKLE"

1. STEP-TAP WITH HANDS UP
STEP SIDE TO SIDE WHILE LIFTING
ARMS GRACEFULLY.



2. HIP SWAY + WRIST FLICK
ADD SPARKLE WITH WRIST TWIRLS
AS YOU SWAY.



3. TURN + POSE
SMALL SPIN, THEN STRIKE A
CONFIDENT JEWELLERY-FORWARD POSE.



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**WANT TO
SPARKLE WITH ME
EVERY WEEK?**

**THIS WAS JUST
A GLIMPSE OF
MY WORLD**

**BLINGY
BABES**

INSIDE OUR VIP MEMBERSHIP WE SHARE
**STYLING TIPS, DANCE ENERGY,
AND CONFIDENCE BOOSTERS.**

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